

# Requirements for 'Sensational' Roving Entertainers

## Pre-Event Coordination:

- Please email all event details to me in advance, as I will be coordinating the performers.
- After the event, kindly email photos and feedback to me.
- Clare Stace. [sensationalstiltwalking@outlook.com](mailto:sensationalstiltwalking@outlook.com)
- If you want to talk you are welcome to call me. phone: 0410331221

## Preparation/Rest Area:

- 'Sensational' roving entertainers require a private preparation/rest area away from the public but close to the event area.
- This space should be on ground level, maintain a cool temperature, and provide privacy for the performers to prepare and take breaks.
- Easy access to toilets is preferable.

## Arrival and Setup:

- Entertainers will arrive 1 hour before their performance start time.
- They will bring costumes, props, and equipment, which need to be accommodated in the preparation/rest area.
- Ideally, performers should be able to park near the preparation/rest area or have the option to drop off their items and then move their vehicle.

## Food and Drink:

- 'Sensational' roving entertainers will bring their own food and drink. Catering is not required, though you may provide it if desired.

## Communication:

- Upon arrival, entertainers will contact the designated event contact person. If they cannot reach them by phone, they will follow up with a text message.
- When leaving, entertainers will send a text to the event contact.

## On-Site Issues:

- If any issues or concerns arise during the event, please address them directly with the performers.

# Safe Performing Environment

A safe environment ensures that the performer can give the most enjoyable performance possible. I trust my performers to assess safety once they get to the gig. We encourage the performer to find solutions and ways to perform even if a potential safety hazard is identified. The performer can modify their performance to keep themselves and the public safe. I expect the performer to have a 'Can Do' attitude, and clearly communicate to the client/event organiser the performance modifications necessary.

The performers may modify their performance location, performance time, or costume if any of the following conditions are present:

The performer may decide **weather conditions** to be unsafe if:

- Temperatures are above 34degC with 55% humidity the risk of heat injury becomes 'high'.
- (see Kestrel heat injury index)
- The wind is strong or gusty such that it could compromise balance in the selected costume.
- Rain heavier than 'spitting', or there is lightning.

The performer may decide that the **environment is unsafe** for stilt walking or roller skating if:

- Most of the ground is 'soft' like sand or mud.
- The floor surface is 'slippery' like tiles next to a swimming pool.
- There are many wires, ropes or decorations hanging below 2.8m from the ground, particularly if the costume booked is taller and wider than the stilt walker.
- There are many obstacles on the floor with only a narrow path between them, e.g., tables and chairs packed tightly or children's play equipment, particularly if the selected costume is wide.
- The ceiling is lower than 2.8m (for stilts 90cm). The ceiling is lower than 2.5m (for stilts 60cm).

The performer may also decide the **environment is unsafe** if:

- The people at the event are participating in unsafe behaviour because of intoxication with alcohol, or for any other reason.
- The people at the event verbally or physically assault the stilt walkers or touch the stilt walkers inappropriately.

**The full fee is still payable even if the performance is shortened, modified, or cancelled on the day due to weather or an unsafe environment.**

We expect performers to find solutions in communication with the client contact.

Examples of how performers might modify their environment or performance:

- "Thank you for providing this change area. There are several items on the floor that we could trip on. Is it ok if we put them in a pile at the back?"
- " Because of the heat today we will not wear wigs and stay mainly in shade areas to entertain the families there. "
- "Even though it is raining at the moment, we will stay ready to perform so we can go out as soon as the rain stops."
- "That is a wonderful plan, however the tables are packed too tightly for us to safely move among them on stilts. We can stilt walk on the front dance floor and be spectacular to look at." (School of fish/ flocking technique is perfect for this occasion)
- "...because of the muddy ground and low hanging bunting in that spot, we will concentrate our performance in other areas."
- "One of the guests has touched me inappropriately. I have tried to avoid him/her, but they keep seeking me out. Is it ok for you to ask them to leave?"

Risk Assessment for Stilt Walking, roller skating, roving performance.

Hazard Identification		Risk Assessment			Control	Residual Risk			
Activity	Potential Hazards	Consequence	Likelihood	Risk Score	Risk Control Measures	Consequence	Likelihood	Risk Score	Who is responsible to implement the changes
1. Stump, putting suits and costume on.	1.1 Falling off high seat used to put suits on.	minor	Possible	Medium	1.1.1 make sure high seat is stable and on even ground. 1.1.2 use ladder braced against a wall rather than chair placed on table.	minor	unlikely	Low	Performers
	1.2 Tipping on obstacles left on ground of change/prep area.	minor	Possible	medium	1.2.1 clear ground around high seat to avoid trip hazards when getting off or on high seat. 1.2.2 clear the floor of the change/prep area before putting suits on. 1.2.3 Stiltwalker wears protective knee pads, and is trained to land on their knees when falling.	Minor	Unlikely	Low	Performers
2. Personal Security	2.1. A member of the public assaults a performer.	minor	Possible	medium	2.1.1 Experienced stiltwalkers can identify persons who may behave in this way before they are assaulted. 2.1.2 stay away from this person 2.1.3 be friendly to this person so the person has a chance to 'like' the stiltwalker and therefore no longer wish to hurt them 2.1.4 Stiltwalker requests assistance from a staff member or security officer. 2.1.5 choose not to perform if crowd is dangerous.	moderate	Unlikely	Low	Performer
	2.2 Exuberant young children running close to stiltwalker's legs causing stiltwalker to fall.	minor	possible	medium	2.2.1 stiltwalker can ask the child's parents to keep the child away from the stiltwalker's legs. 2.2.2 Stiltwalker requests assistance from a staff member or security officer.	minor	Unlikely	Low	Stiltwalker performing
3. Security of Property	3.1 The performer's personal items get stolen from the change area.	insignificant	possible	low	3.1.1 No public access to the change room 3.1.2 Stiltwalker carries valuables with them in a 'bumbag' under the costume when performing	minor	unlikely	low	Event Performer
	4. Stiltwalker performance endangering themselves or the public.	minor	possible	medium	4.1.1 An experienced stiltwalker knows how to walk across sand, gravel, wet grass, up and down hills. Always use experienced stiltwalkers. 4.1.2 Event staff to ensure walkways to be clear of obstacles and rubbish. Ensure there is a clear walkway (ramps, not stairs) to all areas where they are wanting the stilt walkers to be performing 4.1.3 The stiltwalkers need to be well rested, have eaten, allowed to have their appropriate breaks. 4.1.4 The stiltwalkers need to have their equipment maintained (ribber stoppers in place, joints on the suits in good repair) 4.1.5 Stiltwalker wears their safety knee pads and remember to fall on their knees if they cannot stay upright. 4.1.6 If the event area is more hazardous than usual, the stiltwalker can wear shorter suits, or choose not to perform. 4.2 Stiltwalker kicks leg behind and kicks a member of the public.	minor	unlikely	low	Stiltwalkers and event staff
5. Heat injury	5.1 Temperatures over 34 deg C and humidity over 55%	minor	possible	medium	See detailed Heat Injury education document given to performers	minor	unlikely	low	Performer
		minor	highly likely	high		minor	unlikely	low	Costume creator and Performer

# Kestrel Heat Index

**Note: Geat index guidelines make the following assumptions:**

- » The person is 5'7", 147 lbs
- » Clothing: long trousers and short-sleeved shirt
- » Internal body temperature: 37°C

## OSHA Heat Index Guidelines

HEAT INDEX	RISK LEVEL	PROTECTIVE MEASURES
Less than 32.8°C	Lower(Caution)	Basic heat safety and planning
32.8 to 39.4°C	Moderate	Drink --4 cups of water/hour Take breaks as needed
39.4 to 46.1°C	High	Drink water every 15-20 minutes Take frequent breaks Schedule heavy work tasks when the heat index is lower
Greater than 46.1°C	Very high to extreme	Drink water frequently Reschedule non-essential heavy work if possible Alert workers to heat index for the day and identify precautions in place including who to call for medical help

This guidance is available online at [www.osha.gov/SLTC/heatillness/heat\\_index](http://www.osha.gov/SLTC/heatillness/heat_index)

## !! WARNING!!

These Heat Index Reference Guidelines are summarized from well-regarded published papers, policies and position statements relating to preventing heat injury. These guidelines are provided for reference only and do not constitute medical advice.

These Guidelines and your Kestrel Heat Stress product must be employed with care and good judgment. Please remember that certain individuals are more susceptible to exertional heat stress and the Kestrel products are environmental meters, not a medical device. For more information on heat stress injury prevention, visit [heatstress.com](http://heatstress.com)

When in doubt, be conservative, reduce work time, and increase rest and hydration.

## Heat Index Chart

Use the chart below to assess the potential severity of heat stress. The chart should be used as a guideline only—individual reactions to the heat will vary among your athletes!

1. Across the top of the chart, locate the **ENVIRONMENTAL TEMPERATURE**, i.e. the air temperature.
2. Down the left side of the chart, locate the **RELATIVE HUMIDITY**.
3. Follow across and down to find the **APPARENT TEMPERATURE (HEAT INDEX)**. The apparent temperature is the combined index of heat and humidity. It is an index of the body's sensation of heat caused by the temperature and humidity (the reverse of the "wind chill factor").

		HEAT INDEX										
		ENVIRONMENTAL TEMPERATURE (°C)										
		21.1°	23.9°	26.7°	29.4°	32.2°	35°	37.8°	40.6°	43.3°	46.1°	48.9°
Relative Humidity		Apparent Temperature *										
0%		17.8°	20.5°	22.8°	25.6°	28.3°	30.6°	32.8°	35°	37.2°	39.4°	41.7°
10%		18.3°	21.1°	23.9°	26.7°	29.4°	32.2°	35°	37.8°	40.6°	43.9°	46.7°
20%		18.9°	22.2°	25°	27.8°	30.6°	33.9°	37.2°	40.6°	44.4°	48.9°	
30%		19.4°	22.8°	25.6°	28.9°	32.2°	35.6°	40°	45°	50.6°		
40%		20°	23.3°	26.1°	30°	33.9°	38.7°	43.3°	50.6°			
50%		20.6°	23.9°	27.2°	31.1°	35.6°	41.7°	48.9°				
60%		21.1°	24.4°	27.8°	32.2°	37.8°	45.6°					
70%		21.1°	25°	29.4°	33.9°	41.1°	51.1°					
80%		21.7°	25.6°	30°	36.1°	45°						
90%		21.7°	26.1°	31.1°	38.9°	50°						
100%		22.2°	26.7°	32.8°	42.2°							

\* Combined index of heat and humidity...what it "feels like" to the body. Source: National Oceanic and Atmospheric Administration

## Recommended Modifications to Athletic Participation Based on the Heat Index

APPARENT TEMPERATURE	HEAT STRESS RISK WITH PHYSICAL ACTIVITY AND/OR PROLONGED EXPOSURE
32.2°-40°	Heat cramps or heat exhaustion possible <i>Modify practice; take water breaks every 15 to 20 minutes.</i>
40.6°-51.1°	Heat cramps or heat exhaustion likely. Heatstroke possible <i>Modify practice. NO HELMET OR SHOULDER PADS, t-shirt and shorts only; frequent (every 15 minutes) water and rest breaks.</i>
51.7°+	Heat stroke highly likely <i>Recommend NO PRACTICE!</i>

*Note: This Heat Index chart is designed to provide general guidelines for assessing the potential severity of heat stress. Individual reactions to heat will vary. It should be remembered that heat illness can occur at lower temperatures than indicated on the chart. In addition, studies indicate that susceptibility to heat disorders tends to increase with age.*

Contact your local weather line, the National Wether Service, or [weather.com](http://weather.com) for current temperature and humidity.